



ART AL QADR HAJJ & UMRAH
Hajj & Umrah Must-Have Checklist

As-salamu alaykum wa rahmatullahi wa barakatuh,

Dear Traveler,

As mentioned earlier, here is a helpful checklist of essentials for your Hajj or Umrah journey. These items are great not only for yourself but also make thoughtful gifts for family or friends preparing for their spiritual trip. It's a beautiful way to support them and earn blessings by helping to ease their journey, in shā' Allāh.

The products listed have been personally used or recommended for convenience and comfort throughout the trip. That said, please review the items carefully—especially those that may impact Ihram rules—to ensure they align with your personal needs and practices.

To make things simple, the list is organized into categories for easy reference below.

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Travel Essentials:

Travel Adapter.

<https://amzn.to/4j7jVJV>
<https://amzn.to/4jyZRQu>

Travel Power Strip.

There are limited outlets in
Rooms / Tents / Buildings / Mina.
Taking this will help everyone in
your room.

<https://amzn.to/4jo3TLe>
<https://amzn.to/3YparRK>

Power Bank

<https://amzn.to/3EoutoH>
<https://amzn.to/4jfge4Y>

Travel Laundry Bag with Handles and Drawstring

<https://amzn.to/3RLWw4p>
<https://amzn.to/4lunFXo>

Retractable Portable Clothesline

<https://amzn.to/42lffKx>

Portable Luggage Scale

<https://amzn.to/44okHxi>

Luggage Strap Connector.

This comes in handy if you have a carry-on and 2 luggages.

<https://amzn.to/42HKYFF>
<https://amzn.to/4ltXfF7>

Luggage Tags

<https://amzn.to/4lnh4hf>

Luggage trackers

<https://amzn.to/42HLnrF>
<https://amzn.to/3XV2cg5>
<https://amzn.to/3YrIGbc>

Space Saver Bags for Traveling

<https://amzn.to/4jrTe23>
<https://amzn.to/4293yq4>

Travel size iron

<https://amzn.to/3RJGpo2>
<https://amzn.to/4jzQ9NH>
<https://amzn.to/4ctQVtb>

Travel Bidet

<https://amzn.to/4ljTqSO>

Backpack

<https://amzn.to/4jtYfr1>
<https://amzn.to/4jyW8SU>
<https://amzn.to/3G6FDPw>
<https://amzn.to/4jglXHK>
<https://amzn.to/4jrcygB>

Silicone Bottle protector Covers

Elastic Sleeves to prevent leaking of
your liquids into your luggage.

<https://amzn.to/4j5qcp8>
<https://amzn.to/4iawN0j>

Flight

Foot Hammock.

Helps to reduce feet swelling and
improve sleep during flight

<https://amzn.to/4lAB8wX>
<https://amzn.to/42toIOG>

Neck Pillow

<https://amzn.to/3Gk968v>

Neck fan/portable fan

<https://amzn.to/44tT5a4>
<https://amzn.to/44u1GJR>

Permanent Marker

This is needed to write your name on
ZamZam water or other-things to
specify the owner

<https://amzn.to/3RNPdsY>

Health/Energizers

Pill Organizer

<https://amzn.to/44paPn4>

Insulin storage

<https://amzn.to/4cAM49O>

<https://amzn.to/42tDogq>

<https://amzn.to/3G81K86>

Vitamin C

<https://amzn.to/3G5SxgG>

<https://amzn.to/44mbRAc>

Vitamin C Gummies

<https://amzn.to/3G2QA4s>

Vitamin C packs

<https://amzn.to/44lv0SO>

Vitamin C Pills

<https://amzn.to/3RNFKBY>

Electrolytes

Tablets

<https://amzn.to/4curKXn>

Powder

<https://amzn.to/3EluUAa>

<https://amzn.to/4ltK0UX>

Gummies

<https://amzn.to/3G2QZ6Y>

Sunscreen

<https://amzn.to/42I4uSu>

Immune

<https://amzn.to/3EeT3bD>

Protection

Sun glasses

<https://amzn.to/4jtEfEO>

<https://amzn.to/44mMPAZ>

First-Aid Kit

<https://amzn.to/3GimtWM>

<https://amzn.to/42HsEMQ>

Vaseline sticks

<https://amzn.to/3XXuTsQ>

Sun Blocking hat

Men CANNOT use during Ihraam

<https://amzn.to/4idb33S>

Anti Chafing stick

<https://amzn.to/429IEbu>

<https://amzn.to/3RL0tX0>

<https://amzn.to/3Gj5oMm>

Umbrella with Fan & Mister

<https://amzn.to/4j7IDd1>

<https://amzn.to/42D2Twe>

Grip Soaks

Men CANNOT use during Ihraam

<https://amzn.to/3Gio0fu>

Ihram Essentials

Unscented deodorant

<https://amzn.to/3E6vL7T>

<https://amzn.to/42rJwGh>

<https://amzn.to/4jopgMs>

<https://amzn.to/43LT1lV>

Unscented Soap

<https://amzn.to/3RKfeJE>

<https://amzn.to/4js7oQG>

Sandals

<https://amzn.to/4j5cfYh>

<https://amzn.to/4jdbdtu>

<https://amzn.to/3RN4iLn>

<https://amzn.to/42am0P3>

Mina

Big ziplock bags

You need to store your clothes in the shower in Mina -

bags without handle

<https://amzn.to/42Gnqkt>

<https://amzn.to/3YvdzLQ>

Ziplock bags with handle

<https://amzn.to/42ntltn>

<https://amzn.to/3YtYjih>

<https://amzn.to/4iZxfzM>

After umrah/hajj

Hair Trimmer

<https://amzn.to/4icVxoA>

<https://amzn.to/3E87Gxr>

Nail Clippers

<https://amzn.to/3G5aWKm>

<https://amzn.to/3G5ZgHf>

Scissors

<https://amzn.to/42tjp1D>

<https://amzn.to/3Eodlzp>

Men/Women Essentials

Men Fanny Pack/Belt

<https://amzn.to/4cusRGx>

<https://amzn.to/3XXHFHJ>

<https://amzn.to/4cC74gm>

<https://amzn.to/3G24ALN>

Ihram for Men

<https://amzn.to/4jB5YDT>

<https://amzn.to/42pRpMb>

Women Legging

<https://amzn.to/42qdlqC>

<https://amzn.to/3G2Rk9K>

<https://amzn.to/4je0EXg>

Women Sneakers

<https://amzn.to/4lvREhC>

<https://amzn.to/4lvRHdi>

One piece Abaya

<https://amzn.to/4lxV6bC>

<https://amzn.to/4jopR0E>